

## ARTICLE

# Anomalous and Normal Diffusion of Tracers in Crowded Environments: Effect of Size Disparity between Tracer and Crowdiers

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The dynamics of tracers in crowded matrix is of interest in various areas of physics, such as the diffusion of proteins in living cells. By using two-dimensional (2D) Langevin dynamics simulations, we investigate the diffusive properties of a tracer of a diameter in crowded environments caused by randomly distributed crowdiers of a diameter. Results show that the emergence of subdiffusion of a tracer at intermediate time scales depends on the size ratio of the tracer to crowdiers  $\delta$ . If  $\delta$  falls between a lower critical size ratio and an upper one, the anomalous diffusion occurs purely due to the molecular crowding. Further analysis indicates that the physical origin of subdiffusion is the “cage effect”. Moreover, the subdiffusion exponent  $\alpha$  decreases with the increasing medium viscosity and the degree of crowding, and gets a minimum  $\alpha_{\min}=0.75$  at  $\delta=1$ . At long time scales, normal diffusion of a tracer is recovered. For  $\delta \leq 1$ , the relative mobility of tracers is independent of the degree of crowding. Meanwhile, it is sensitive to the degree of crowding for  $\delta > 1$ . Our results are helpful in deepening the understanding of the diffusive properties of biomacromolecules that lie within crowded intracellular environments, such as proteins, DNA and ribosomes.

**Key words:** Subdiffusion, Langevin dynamics simulations, Size disparity

## I. INTRODUCTION

Diffusion is a basic transport mechanism that exists widely in nature, and plays an important role in maintaining life activities [1]. The mean squared displacement  $\langle r^2(t) \rangle$  (MSD) of a tracer is a central measured quantity in both experiments and simulations. How  $\langle r^2(t) \rangle$  varies with the time  $t$  determines three different situations [2]. When the exponent  $\alpha$  of the power-law relationship feature  $\langle r^2(t) \rangle \propto t^\alpha$  is larger than 1, the motion of a tracer is called superdiffusion. The diffusion is normal as  $\alpha=1$ , while it is anomalous when  $\alpha < 1$ .

Compared to the diffusion of solutes in porous medium, biomacromolecules diffuse in complex and crowded intracellular environments. For example, the cytoplasm is a soft core colloid made up of biomacromolecules occupying a volume fraction up to 30%–35%, such as ribosomes, proteins, and RNA [3–5]. It has shown that biomembranes are exceptionally crowded with proteins [6–8]. Therefore, the diffusive properties of a tracer in crowded environments have been a hot research topic for decades [6–42]. Benefitting from the significant advances in experimental techniques, the diffusion of molecules in living cells could be mea-

sured directly [11–24]. Computer simulations have been proven to be a powerful tool in studying the diffusion of molecules in complex and crowded environments [6, 25–42].

The diffusion rate of proteins was found to be reduced in crowded environments since the molecular crowding resulted in an increasing effective viscosity of the medium [43]. Furthermore, it has been shown that the molecular crowding also leads to the anomalous diffusion of tracers [7–10]. A typical example is the work of Banks *et al.* [12], in which the streptavidin diffuses anomalously in highly concentrated solutions containing dextran acting as crowdiers. However, Dix *et al.* [13] reported that both the diffusion of the proteins in *in vitro* solutions and in living cells are normally Brownian with a reduced diffusion rate. The complexity of intracellular environments and the fact that the subdiffusive behaviors observed in *in vivo* experiments can not always be reproduced by *in vitro* ones motivates us to clarify whether the molecular crowding itself could give rise to the anomalous diffusion of tracers.

Besides this basic question, how the size of tracers and crowdiers and the concentration of crowdiers affect the diffusive properties of a tracer is another issue. Banks *et al.* [12] showed that the subdiffusion exponent of streptavidin decreased as the size of dextran (crowdiers) got larger. However, a recent theoretical work by Sharp [44] suggested that large crowdiers were less effective on causing crowding than smaller ones. Then, there

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comes a question. That is, if it is the molecular crowding that causes the anomalous diffusion of tracers, how the subdiffusion exponent changes with the increasing size of crowders with other conditions being the same. In fact, we will show later that it is the relative size of tracers to crowders rather than their absolute sizes that determines the magnitude of the subdiffusion exponent. By using 2D Langevin dynamics simulations in this work, we attempt to get answers of these doubts proposed above.

## II. MODEL AND METHODS

We consider a two-dimensional geometry as a square box with a side length  $L=100\sigma_0$ . Here  $\sigma_0$  is the length scale of the system. A certain area fraction of crowders move inside the box, and are treated as mobile and impenetrable disks. The size of the tracer and crowders in unit of  $\sigma_0$  is denoted as  $\sigma_t$  and  $\sigma_c$ , respectively.

The purely repulsive interactions between the tracer-crowder and the crowder-crowder are described by a truncated Lennard-Jones (LJ) potential

$$U_{\text{LJ}}(r) = \begin{cases} 4\varepsilon \left[ \left( \frac{\sigma_{\text{LJ}}}{r} \right)^{12} - \left( \frac{\sigma_{\text{LJ}}}{r} \right)^6 \right] + \varepsilon, & r \leq 2^{1/6}\sigma_{\text{LJ}} \\ 0, & r > 2^{1/6}\sigma_{\text{LJ}} \end{cases} \quad (1)$$

Here  $\varepsilon$  is the depth of the potential well. The LJ radius used to calculate the tracer-crowder and the crowder-crowder interactions is  $\sigma_{\text{LJ}}=(\sigma_t+\sigma_c)/2$  and  $\sigma_{\text{LJ}}=\sigma_c$ , respectively.

In the Langevin dynamics simulations, the motion of each particle is governed by the Newtons laws of motion [45]

$$m_i \ddot{r} = -\nabla U_i - \xi v_i + \mathbf{F}_i^{\text{R}} \quad (2)$$

where  $-\nabla U_{\text{LJ}}$ ,  $\xi_i v_i$  and  $\mathbf{F}_i^{\text{R}}$  is the conservative, frictional, and random forces, respectively.  $m_i$ ,  $\xi_i$ , and  $v_i$  is the mass, friction coefficient and velocity of the  $i$ th particle, respectively. Note that  $\xi_i$  could be time-dependent in a underdamped system [46]. However, we considered an overdamped system in the present work so that  $\xi_i$  keeps constant for a specified particle and does not vary with the time. The mass of a tracer is  $m_t=m_0(\sigma_t/\sigma_0)^2$  with  $m_0$  being the mass of a particle with a size of  $\sigma_0$ . Certainly,  $m_c=m_0(\sigma_c/\sigma_0)^2$  for crowders. For the tracer,  $\xi_i=\xi_0(\sigma_t/\sigma_0)$  with  $\xi_0$  being the friction coefficient of a particle of size  $\sigma_0$ . For crowders,  $\xi_c=\xi_0(\sigma_c/\sigma_0)$  as it should be. The Langevin equation is then integrated in time by the method described by Ermak and Buckholz [47]. The periodic boundary conditions are applied to both directions.

The parameters  $\varepsilon$  and  $m_0$  fix the energy and mass scales of the system, respectively.  $\varepsilon$  and  $m_0$  together with  $\sigma_0$  determine the corresponding time scale

$t_{\text{LJ}}=(m_0\sigma_0^2/\varepsilon)^{1/2}$  and force scale  $f=\varepsilon/\sigma_0$ . In our simulations, the thermal energy is set as  $k_{\text{B}}T=1.0\varepsilon$  with  $k_{\text{B}}$  being the Boltzmann constant and  $T$  being the absolute temperature.

The tracer is initially placed at the center of the box. Then, crowders are randomly added into the box. The tracer and crowders go through thermal collisions described by the Langevin thermostat to obtain an equilibrium configuration, which is taken as the initial configuration of our simulations. Then, 1000 independent trajectories of the tracer in  $1 \times 10^8$  time steps are obtained with the time step  $\Delta t=0.005t_{\text{LJ}}$ .

The subdiffusive behavior of the tracer can be distinguished from a normal one by its nonlinear relationship between the mean squared displacement (MSD) and the diffusion time  $t$ . The MSD is defined as

$$\langle r^2(t) \rangle = \frac{1}{n} \sum_i^n [r_i(t) - r_i(0)]^2 \quad (3)$$

where  $r_i(0)$  and  $r_i(t)$  is the initial position and the position at time  $t$  of the tracer in the  $i$ th trajectory, respectively. In our simulations,  $\langle r^2(t) \rangle$  is obtained by averaging over  $n=1000$  independent trajectories. Namely, the MSDs of the tracer in the simulations are ensemble averaged.

## III. RESULTS AND DISCUSSION

For the case that no crowder is in the simulation box, the solution of the Ornstein-Uhlenbeck process described in Eq.(2) for the tracer without LJ potential is well known as [48]

$$\langle r^2(t) \rangle = \frac{2dm_t k_{\text{B}}T}{\xi_t^2} \left[ \frac{\xi_t}{m_t} t - 1 + \exp\left(-\frac{\xi_t}{m_t} t\right) \right] \quad (4)$$

where  $d$  is the spatial dimensionality.  $m_t/\xi_t$  is the characteristic time. At short time scales ( $t \ll m_t/\xi_t$ ), Eq.(4) can be rewritten in an initial ballistic form,

$$\langle r^2(t) \rangle = \frac{dk_{\text{B}}T}{m_t} t^2 \quad (5)$$

and when  $t \gg m_t/\xi_t$ , Eq.(4) can be rewritten in the form of overdamped Brownian motion.

$$\langle r^2(t) \rangle = \frac{2dk_{\text{B}}T}{\xi_t} t \quad (6)$$

In our 2D system, the area fraction of crowders  $\phi$  is given as

$$\phi = \frac{N_c \cdot \pi \left( \frac{\sigma_c}{2} \right)^2}{L^2} \quad (7)$$

Here  $N_c$  is the number of crowders. Considered that there is only a tracer in the simulation box, the average distance between the center of two neighboring

crowders is estimated as  $L/N_c^{1/2}$ . Thus, the average spacing between neighboring crowders with respect to their surfaces  $R$  is

$$R = \frac{L}{N_c^{1/2}} - \sigma_c \quad (8)$$

By substituting Eq.(7) into Eq.(8), we should have

$$R = \sigma_c \left( \frac{1}{2} \sqrt{\frac{\pi}{\phi}} - 1 \right) \quad (9)$$

It is clearly shown by Eq.(9) that  $R$  increases as the size of crowders  $\sigma_c$  gets larger at a fixed  $\phi$ , while it decreases with an increase in the degree of crowding at a given  $\sigma_c$ .

In the following, we investigate the anomalous diffusion of a tracer at intermediate time scales and its normal diffusion at long time scales in crowded environments. Specifically, the friction coefficient of the medium  $\xi_0$ , the area fraction of crowders  $\phi$ , the size of crowders  $\sigma_c$ , and the size of the tracer  $\sigma_t$  are adopted as adjustable parameters in the simulations to realize a variety of crowded environments.

#### A. Crowding-induced anomalous diffusion of a tracer at intermediate time scales

As plotted in Fig.1(a), the MSDs of a tracer scaled by the time  $\langle r^2(t) \rangle / t$  display three time-dependent regimes. At short time scales, ballistic diffusions of the tracer with  $\langle r^2(t) \rangle \propto t^2$  are observed. At long time scales, normal diffusions of the tracer with  $\langle r^2(t) \rangle \propto t$  are recovered. These two regimes replicate the crossover behavior of  $\langle r^2(t) \rangle$  predicted by Eq.(5) and Eq.(6). Note that this time-dependent feature in a  $\langle r^2(t) \rangle / t$  vs.  $t$  curve has also been observed in previous studies [12, 24, 32–34]. Interestingly, at intermediate time scales, the transient anomalous diffusions of the tracer appear clearly, characterized by the negative slopes  $\beta < 0$  of  $\langle r^2(t) \rangle / t$  vs.  $t$  curves. According to the values of  $\beta$ , the subdiffusion exponent  $\alpha$  could be obtained since  $\alpha = 1 + \beta$ .

It has been reported very recently by Sentjabrskaja *et al.* [50] that the slow mobility of the matrix is crucial for the observation of the anomalous diffusion of a tracer, where the system approaches the glass transition with the volume fraction of large particles  $\phi > 0.50$ . Apart from  $\phi$ , the matrix mobility should also depend on the friction coefficient of the medium  $\xi_0$ . Figure 1(a) shows that at  $\phi = 0.50$ , the more viscous the medium, the more obvious the subdiffusion, and the time duration that the subdiffusion lasts becomes longer with increasing  $\xi_0$ . Moreover, the friction coefficient of the medium is fixed at  $\xi_0 = 30$  in the following. Figure 1(b) suggests that as  $\phi$  increases from 0.30 to 0.50, the subdiffusion exponent  $\alpha$  decreases monotonically. This phenomenon is in good agreement with experimental observations [12, 24] and Monte Carlo simulations [34].

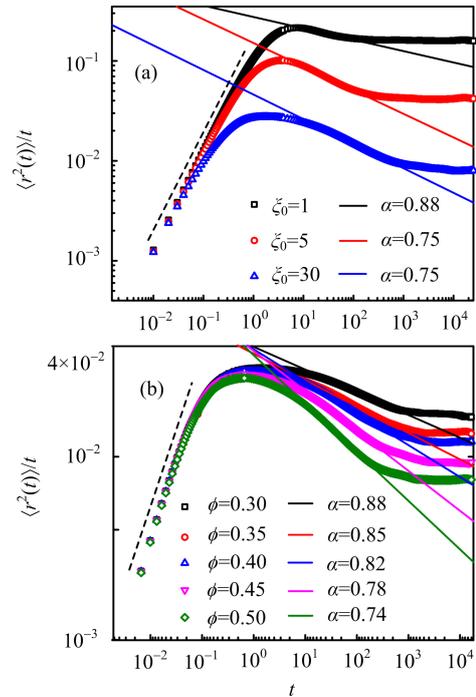


FIG. 1 Time evolution of the MSDs of the tracer scaled by the time  $\langle r^2(t) \rangle / t$  (a) at different friction coefficients of the medium  $\xi_0$  with the area fraction of crowders  $\phi = 0.50$ , and (b) at different  $\phi$  with  $\xi_0 = 30$ . Here  $\sigma_c = 4.0$  and  $\sigma_t = 4.0$ .

It is indicated by our simulation results here that the anomalous diffusion of a tracer can be induced by the crowding effect alone. But what is responsible for this phenomenon in physics? To clarify this question, we have calculated the probability to find a tracer of a diameter  $\sigma_t = 4.0$  having traveled a distance  $r$  in a sea of crowders of a diameter  $\sigma_c = 3.0$  at different time steps,  $\rho(r, t')$ . As shown in Fig.2(a), peaks in  $\rho(r, t')$  appear with the evolution of time. Notably, the peak at  $t' = 1000$  time steps is broadened and decays slower compared with that at  $t' = 100$  time steps. It indicates that the tracer spends more time in a local trap. Furthermore,  $\rho(r, t')$  curves show a non-Gaussian feature, which is consistent with a very recent work of Ghosh *et al.* [49]. To have a direct impression of this behavior, a typical trajectory of the tracer in 1000 time steps is presented in Fig.2(b). It can be seen clearly that the motion of the tracer is highly localized at most of its time accompanied with a jump event between the two local traps. In the following, this behavior is referred to the “cage effect”. With this, we can come to a conclusion that the trapping of the tracer in one location for varying and widely distributed periods combined with the infrequent “jumps” between locations gives rise to the anomalous diffusion of the tracer. As the matrix mobility gets slower caused by increasing  $\xi_0$  or  $\phi$ , the “cage effect” would be more pronounced such that the subdiffusion exponent  $\alpha$  decreases, see Fig.1 (a) and (b).

Next, we turn to investigate the effect of the sizes of

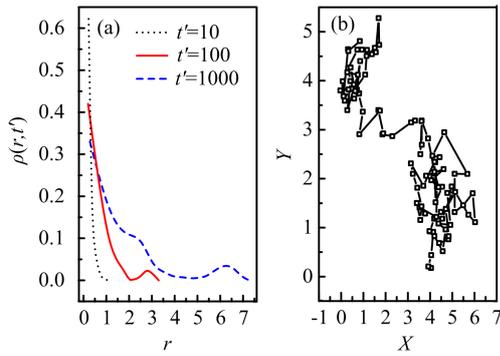


FIG. 2 (a) The probability to find a tracer having traveled a distance  $r$  at three different time steps  $t'=10, 100$  and  $1000$ ,  $\rho(r, t')$ , as a function of  $r$ . (b) A typical trajectory of a tracer in 1000 time steps. Here  $\sigma_c=3.0$  and  $\sigma_t=4.0$ . The  $X$  and  $Y$  coordinates in the figure depicts the location of the tracer in the simulation box.

the tracer and crowdors on the anomalous diffusion behavior. Here, the size ratio of the tracer to crowdors defined as  $\delta=\sigma_t/\sigma_c$  is adopted as the independent variable. Obviously,  $\delta$  characterizes the size disparity between the tracer and crowdors. Figure 3 shows clearly that the subdiffusion exponent  $\alpha$  has a minimum  $\alpha_{\min}=0.75$  as a function of  $\delta$ . The emergence of  $\alpha_{\min}$  could be understood by considering the following two limiting cases. For  $\delta \ll 1$ , the tracer should not be trapped by crowdors since it can diffuse normally in the void spaces unoccupied by them. While for  $\delta \gg 1$ , the crowdors in the system act as a role similar to solvent molecules, and thus the tracer should display a normal diffusive behavior.

Furthermore,  $\alpha=0.91$  observed at the smallest  $\delta=1/3$  we have studied indicates only slightly anomalous diffusion. Generally, we can certainly make the claim that the diffusion of a tracer is anomalous as  $\alpha \leq 0.90$ . Figure 3 shows that there exist two critical size ratios: one is the lower critical size ratio  $\delta_{c,1} \approx 0.37$ , and the other is the upper critical size ratio  $\delta_{c,2} \approx 4.0$ . If  $\delta_{c,1} \leq \delta \leq \delta_{c,2}$ , the tracer should exhibit a subdiffusive behavior in crowded environments. Our observation of  $\delta_{c,1}$  here is in good agreement with the work of Sentjabrskaja *et al.* [50], in which they reported the existence of a lower critical size ratio  $\delta_c \approx 0.35$  obtained from the simulations. They also got a slightly smaller experimental value of  $\delta_c \approx 0.28$ , which is attributed to the polydispersity of tracers used in experiments [50]. The value of  $\delta_{c,1}$  could be estimated in theory as follows. For the trapping of a tracer by surrounding crowdors, the size of tracer  $\sigma_t$  should be larger than the average spacing between neighboring crowdors with respect to their surfaces  $R$ ,

$$\sigma_c \left( \frac{1}{2} \sqrt{\frac{\pi}{\phi}} - 1 \right) \leq \sigma_t \quad (10)$$

Thus, we get an area fraction of crowdors-dependent

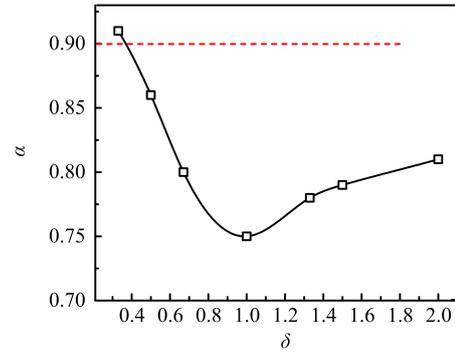


FIG. 3 The subdiffusion exponent  $\alpha$  as a function of the size ratio of the tracer to crowdors  $\delta=\sigma_t/\sigma_c$ . Here the area fraction of crowdors is  $\phi=0.50$ .

$\delta_{c,1} = \frac{1}{2} \sqrt{\frac{\pi}{\phi}} - 1$ . At  $\phi=0.50$ ,  $\delta_{c,1}=0.25$ . The deviation of  $\delta_{c,1}=0.25$  calculated by Eq.(10) from the numerical value  $\delta_{c,1} \approx 0.37$  derives from the strictness of Eq.(10). In fact, a tracer would not diffuse away through the void space between two neighboring crowdors even if the size of the void space is slightly larger than  $R$ . Therefore, there should be a coefficient which is greater than 1 on the left side of the equation.

The normal diffusion of a tracer is expected if  $\delta$  gets large further. We noted that in an experimental study of Banks *et al.* [12], when the streptavidin with a hydrodynamic radius of 4.9 nm diffuses in a solution with different concentrations of dextrans with a radius of gyration  $R_g=0.82$  nm, its subdiffusion exponent  $\alpha$  are always larger than 0.95. At this point, the size ratio of the tracer (streptavidin) to crowdors (dextran) is  $\delta \approx 5.98$ . Obviously, the diffusion of streptavidin could be deemed as almost normal in this case, which is a good proof of our simulation results.

Interestingly, the minimum  $\alpha_{\min}=0.75$  is achieved at  $\delta=1$ . Namely, the subdiffusion of a tracer is the most pronounced as its size equals to that of crowdors. Through collisions with surrounding crowdors, a tracer breaks the trapping cage formed by them to diffuse out. Assuming that the momentum is conserved at the moment of a collision between the tracer and a crowder, the energy loss caused by the collision would be the largest at  $\delta=1$ . In the worst case, the tracer is instantaneously stationary after the collision. Clearly, this is very unfavorable for the breaking of the trapping cage for the tracer, and it is the reason why  $\alpha_{\min}$  appears at this time. Moreover, the minimum  $\alpha_{\min}=0.75$  is in accord with the experimental observation by Banks *et al.* [12], where the subdiffusion exponent has a limit value  $\alpha=0.74 \pm 0.02$ .

## B. Normal diffusion at long time scale

As stated above, a tracer undergoes the transition from a subdiffusive behavior at intermediate time scales

to a diffusive one at long time scales in crowded environments. The recovery of the normal diffusion of a tracer is signalled by the platform in the  $\langle r^2(t) \rangle / t$  vs.  $t$  curves, as plotted in Fig.1. The diffusion coefficient of a tracer in crowded environments  $D$  can be calculated from the plateau value.

There are two length scales that are relevant for the diffusion of a tracer in crowded environments, *i.e.*, the size of tracer  $\sigma_t$  and the average spacing between neighboring crowders with respect to their surfaces  $R$ . The dimensionless quantity  $R/\sigma_t$  characterizing the confinement condition of a tracer in crowded environments is referred to the confinement parameter. A smaller  $R/\sigma_t$  suggests a more pronounced confining effect. The reduced diffusion coefficient  $D/D_0$  as a function of  $R/\sigma_t$  is plotted in Fig.4(a) with  $\sigma_c=4.0$  and  $\sigma_t$  varying from 1.0 to 4.0. Here,  $D_0$  is the diffusion coefficient of the tracer in the case that no crowders are in the system.  $D/D_0$  almost keeps at a constant near 1 for  $R/\sigma_t \geq 3$ , indicating the diffusion of the tracer is almost not affected. However, for  $R/\sigma_t < 3$ , a significant decrease in  $D/D_0$  is observed. The decrease is more rapid as  $R/\sigma_t$  gets smaller due to the more and more pronounced crowding and confining effect of the systems. Similar observations have been reported in polymer nanocomposite systems [51–54].

By plotting  $D/D_0$  as a function of  $\ln(R/\sigma_t)$ , we find that  $D/D_0$  increases linearly with  $\ln(R/\sigma_t)$  for  $\ln(R/\sigma_t) < 1$ , see Fig.4(b). In addition, the data points fall on a master curve as  $\delta < 1$ , which is also indicated by Fig.4(a). Considered that the area fraction of crowders  $\phi$  decreases with  $\delta$  as  $\phi \approx (\delta+1)^{-2}$ , a larger  $\delta$  means a lighter degree of crowding at the same value of  $\ln(R/\sigma_t)$ . The collapse of data points at  $\delta \leq 1$  indicates that the relative mobility of tracers with  $\sigma_t < \sigma_c$  does not rely on the degree of crowding. In contrast, the relative mobility of tracers with  $\sigma_t > \sigma_c$  is sensitive to the degree of crowding.

#### IV. CONCLUSION

To summarize, we have investigated the anomalous diffusion of a tracer at intermediate time scales and its normal diffusion at long time scales in crowded environments by using 2D Langevin dynamics simulations. The emergence of subdiffusion of a tracer depends on the size ratio of the tracer to crowders  $\delta$ . If  $\delta$  falls between a lower critical size ratio  $\delta_{c,1}$  and an upper one  $\delta_{c,2}$ , the anomalous diffusion appears purely due to the molecular crowding. Further analysis indicates that the physical origin of subdiffusion is the “cage effect”. Moreover, the subdiffusion exponent  $\alpha$  decreases with the increasing medium viscosity and the degree of crowding, and gets a minimum  $\alpha_{\min}=0.75$  at  $\delta=1$ . As to the normal diffusion of a tracer at long time scales, we find that the diffusion coefficient  $D$  keeps almost the same as  $D_0$  for  $R/\sigma_t \geq 3$  followed by a significant decrease for  $R/\sigma_t < 3$ .

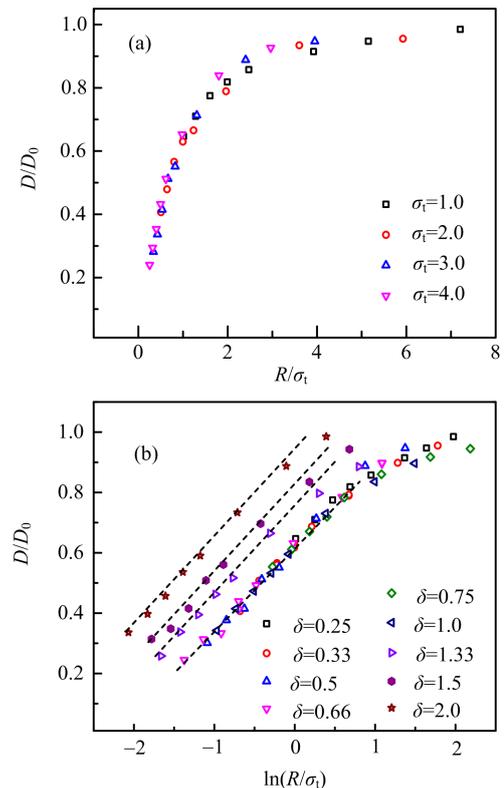


FIG. 4 (a) The reduced diffusion coefficient  $D/D_0$  of a tracer as a function of the confinement parameter  $R/\sigma_t$  for different  $\sigma_t$  with  $\sigma_c=4.0$ . (b) The semi-logarithmic plot of  $D/D_0$  against  $R/\sigma_t$  for different  $\delta$ .

More importantly, the relative mobility of a tracer in crowded environments relies on the magnitude of  $\delta$ . For  $\delta \leq 1$ , the relative mobility is independent of the degree of crowding. In contrast, it is sensitive to the degree of crowding for  $\delta > 1$ . These results are helpful in deepening the understanding of the diffusive properties of biomacromolecules that lie within crowded intracellular environments, such as proteins, DNA and ribosomes.

#### V. ACKNOWLEDGMENTS

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